

Food Banks and Community Meal Programs

During COVID 19, if not specified, you **MUST** call first to arrange delivery or pick up and to ensure they are still running.

Caledon Food Banks/Multi-Service Programs

Caledon Community Services - The Exchange

- 55 Healey Rd
Caledon, L7E 5A2 **Phone: (289) 966 1715**
- **COVID HOURS** – Phone intake and to make appointments for new and existing clients
Pick up on Monday, Wednesday and Fridays by appointment only 10:00 AM – 3:00 PM (items will be pre-selected and brought outside for clients to take) **CLOSED** Tuesdays and Thursdays
- Regular hours Mon-Fri: 10:00 AM – 3:00 PM [Get Directions](#) [Visit Website](#)

Brampton Food Banks and Community Meal Programs:

Knight's Table

Food bank, community meals and programs

- 116 Kennedy Rd South, Unit 6
 - Brampton L6W 3E7 **Phone: 905 454 8725**
- COVID HOURS and Programs:** At this time, Knights Table will continue to remain OPEN by transitioning temporarily to a food take out only model, our dine-in facility will remain closed. All of our food programs continue as scheduled. Breakfast, Lunch & Dinner programs are available daily from 8:00 AM – 6:00 PPM using a grab & go format. Food Bank support is available through pre-packed hampers that will be distributed to our regular service users. Wednesdays – Fridays 10:00am -4:00pm
- Regular Programs:**
- First Bite Breakfast Program – FREE – 8:00 a.m. – 10:00 a.m. every day
 - Cecil's Kitchen Program - \$1.00 per meal – Mon.-Fri. Noon – 6:00 p.m.
 - Pantry Program (Food Bank) – Wed., Thurs., Fri. – Noon – 4:00 p.m.
 - Families Zone Wed. 4-6:00 p.m. (provides a caring, environment to foster positive relationships with families.
 - Good Neighbourhood Program (FREE baked goods and bread)
 - Mon. – Fri. 12:00 PM – 6:00 PM Sat. & Sun. 12:00 PM – 4 :00 PM
 - Good Neighbour Mobile Service Saturday : 12:00 PM – 2:00 PM
 - (provides baked goods, dessert and other food supplies to seniors and families in high needs neighbourhoods in Mississauga and Brampton

Regeneration Outreach Community

Multi-service (Breakfast, Soup kitchen, Community garden)

- 156 Main St N
Brampton, L6V 1N9 **Phone: (905) 796 5888**
- **COVID HOURS** – Breakfast 8 AM – 9:30 AM 7 days a week (served in takeout containers only)
- Lunch 11:30 AM – 12:30 PM Monday to Thursday (meals served in takeout containers only)
- Emergency Food Bank is running at the Regeneration Thrift Store at 253 Queen St East, Brampton and is open on Wednesdays from 12:00 PM – 2:00 PM
- Regular Opening hours 7 days/week-breakfast 7am-9:30am; Mon-Thurs lunch 11:30am-12:30pm; Food Bank available on Wednesdays 12pm-2pm at Thrift Store location [Get Directions](#) [Visit Website](#)

Ste. Louise Outreach Centre of Peel

Food Bank

- 32 Haggert Ave N
Brampton, L6X 1Y3 **Phone: (905) 454 2144**
- **COVID HOURS - Open but only to existing clients.** Please call for details of service
- [Get Directions](#) [Visit Website](#)

Redemption

Community Meal Program (Soup Kitchen)

- 2 Wellington St
Brampton, L6W 1Y2 **Phone: (647) 741 8469**
- Opening hours Tues only: drop-in at noon, dinner at 4:00 [Get Directions](#)

Gurdwara Sikh Sangat

Community Meal Program (Soup Kitchen)

- 32 Regan Rd
Brampton, L7A 1A7 **Phone: (416) 996 4355**
- **COVID HOURS to pick up meals 10:00 AM – 8:00 PM**
- Regular hours open 4 AM-10 PM [Get Directions](#)

Sri Guru Nanak Sikh Centre

Community Meal Program (Soup Kitchen)

- 99 Glidden Rd
Brampton, L6T 5N4 **Phone: (416) 996 4355**
- **COVID HOURS to pick up meals 10:00 AM – 8:00 PM**
- Regular hours open 4 AM-10 PM [Get Directions](#)

Gurudwara Nanaksar

Community Meal Program (soup kitchen)

- 64 Timberlane Dr,
Brampton, ON L6Y 4V7 **Phone : (905) 452-1313**

Gurdwara Baba Nanak

Community Meal Program (soup kitchen)

- 2565 Steeles Ave E Unit#25,
Brampton, ON L6T 4L6 **Phone: (905) 450-8188**

Sadh Sangat(Nanaksar Kennedy Road)

Community Meal Program (soup kitchen)

- 144 Kennedy Rd S unit 14,
Brampton, ON L6W 3G4 **Phone: (905) 459-7713**

Sri Gurduara Jot Parkash Sahib Toronto (Canada)

Community Meal Program (soup kitchen)

- 135 Sun Pac Blvd,
Brampton, ON L6S 5Z6 **Phone: (905) 790-1415**

Darbar Sri Guru Granth Sahib Ji

Community Meal Program (soup kitchen)

- 187 Deerhurst Dr,
Brampton, ON L6T 5K3 **Phone: (905) 792-1211**

Sai Dham Food Bank

Multi-service (Food bank, Soup kitchen, Food delivery, Community garden)

8 Automatic Rd, Unit 2A **Phone: Call or text 437 988 4422**
Brampton, L6S5N3 **(905) 956 2646 647 291 3838** [Get Directions](#) [Visit Website](#)

- **COVID PRIORITY – Delivering food to seniors, assisting with YMCA Breakfast Program in Malton through deliveries.** **COVID** & Regular Hours open every day 10am-10pm; and available by phone 24/7

Islamic Forum of Canada

Food Bank

- 200 Advance Blvd
Brampton, L6T 4V4 **Phone: (905) 799 0763**
- Regular Hours:
- First Tuesdays of each month - 4:00 – 7:00 PM.
- Non-denominational, One visit per month
- For first visit, call ahead to make an appointment
- On first visit - Must provide:
- Proof of income, rental agreement and address, Government issued photo identification, picture ID, for self, spouse and children. [Get Directions](#) [Visit Website](#)

Saint Vincent de Paul St. John Fisher Conference [Food bank](#)

- 300 Balmoral Dr
Brampton **Phone: 905 790 2479**
- **COVID – no food programs provided**
- Regular Program:
- Home Visits only
- Calls picked up daily
- Food Vouchers delivered by volunteers as quickly as possible
- No paperwork is required, at least on the first visit. Possibly requested on subsequent visits.

Saint Vincent de Paul St. Leonard's Conference [Food bank](#)

- 187 Conestoga Rd.
Brampton **Phone: 905 846 5385**
- **COVID – no food programs provided**
- Regular Program :
- Home Visits Only
- Emergency food service for those in need.
- Service boundaries: Bovaird, Highway 410, Old School Road, McLaughlin.
- Calls picked up on weekends only
- Food and or food vouchers delivered by volunteers

Salvation Army Brampton and North Peel [Emergency Food Pantry only](#)

- 9395 Bramalea Rd
Brampton L6S 4B7 **Phone: 905 791 1085**
- **COVID** and drop in hours: Tuesdays & Thursdays 10:00 AM – 3:00 PM (1 family member only – no children)
- emergency assistance only (1 bag of non-perishable food per family)

COVID SPECIFIC

Seva Food Bank

[Multi-service \(Food bank, Food education \(communal cooking\)\)](#)

- 2832 Slough St - [During COVID – Open to all in Brampton and Mississauga](#)
- Mississauga L4T1G3 Serves Malton L4V, L5S, L4T, L5T, L5P
- [COVID and Regular Hours](#) : **Phone: (905) 361 7382**
- Mondays by appointment 4:00 – 8:00 PM, drop in 5:30 – 7:30 PM; Tuesdays by appointment 12:00 – 4:00 PM, drop in 1:30 – 3:30 PM; Wednesdays – closed; Thursdays by appointment 4:00 – 8:00 PM, drop in 5:30 – 7:30 PM; Fridays by appointment 1:00 AM – 3:00 PM, drop in 12:30 – 2:30 PM [Get Directions](#) [Visit Website](#)

Seva Food Bank

- 3413 Wolfedale Rd, Unit 10 – **During COVID – open to all in Brampton and Mississauga**
- Mississauga, L5C 1V8 Serves L5B, L5C
- **COVID AND Regular Hours:** Phone: (905) 361 7382
Mondays and Tuesdays Closed; Wednesdays by appointments: 4:00 PM – 8:00 PM, Drop-In 5:30-7:30PM;
Thursdays by appointments: 4:00 PM – 8:00 PM, Drop-In 5:30-7:30 PM; Fridays by appointments 12:00 PM – 4:00 PM, drop-in 1:30-3:30 PM [Get Directions](#) [Visit Website](#)

COVID SPECIFIC **GTA Outreach**

Food Delivery

- During times of urgency care packages are delivered to those who are unable to leave their homes or cannot afford groceries.
- Fill out online form: <http://www.gtaoutreach.ca/> or call 416 312 9738 or email: info@GTAoutreach.ca

COVID SPECIFIC **Fueling Healthy Minds Breakfast Program – Community Based**

- MPP for Mississauga-Malton, Deepak Anand and his wife Aruna Anand and their volunteers are ensuring that children in need of the Fueling Healthy Minds breakfast program still receive support. Although their focus is within Malton, they will consider other areas if volunteers are available. **Phone: 416 999 3152**

COVID SPECIFIC Response by local downtown restaurants and chefs. Delicious meals are made by the chef teams at **J Red & Co. Food + Drink** and **Vesuvio Ristorante**, both located in Brampton, Ontario.

- Go to website: https://freemealhelp.com/?fbclid=IwAR3Clk2Rz_uTbvXJKshBlq117tyObKkWKMnd7CBmZR9eC09nknndikwiDaSA
- Fill in online form and submit. No dietary requests allowed. Only specific areas served each day. Limit of 5 meals per household. Limited spots each day and they fill up quickly.
- PLEASE only use this service if you are in need.

COVID SPECIFIC **Canadian Muslim Response Network** – currently handling many requests, be patient and understanding please. <https://covid19relief.ca/gethelp/>

1. You simply fill out the online form. A regional coordinator will get in contact with you about delivery timing.
2. Then you place an order of essential items at your favorite retailer who provides pick up service (i.e., Walmart, PC Express, Metro, Loblaws, etc.).
3. Pay for the order and provide the regional coordinator with a copy of your receipt.
4. We will pick up the order and deliver it within the timing window you have chosen (delivery pickup windows might vary from region to region)

COVID SPECIFIC **Social Support Task Force – City of Brampton**

- Will ensure seniors and families without food receive a food delivery within 2 days.
- Complete online form: <https://letsconnect.brampton.ca/Social-support-task-force>

COVID SPECIFIC **Hand Up Toronto**

- Family to complete the google form https://docs.google.com/forms/d/e/1FAIpQLSelqcMEBCpzpQXr_S9K2BmdGab_PFTnGHcZU0Ex00tKRNhQKQ/viewform and consent to being contacted for a food delivery.
- Families will be provided \$25.00 worth of food per child in the home.
- Will service Brampton and Mississauga families in need during COVID.

Brampton Food Pantries

Many local places of worship have small food pantries for their community. You can always approach your local place of worship.

Mississauga Food Banks, Community Meal Programs and Food Pantries

Seva Food Bank

Multi-service (Food bank, Food education (communal cooking))

- 2832 Slough St -
Mississauga, L4T 1G3

Serves Malton L4V, L5S, L4T, L5T, L5P

Phone: (905) 361 7382

- **COVID and Regular Hours:**

- Mondays by appointment 4:00 – 8:00 PM, drop in 5:30 – 7:30 PM; Tuesdays by appointment 12:00 – 4:00 PM, drop in 1:30 – 3:30 PM; Wednesdays – closed; Thursdays by appointment 4:00 – 8:00 PM, drop in 5:30 – 7:30 PM; Fridays by appointment 1:00 AM – 3:00 PM, drop in 12:30 – 2:30 PM [Get Directions](#) [Visit Website](#)

Seva Food Bank

- 3413 Wolfedale Rd, Unit 10 – Serves L5B, L5C

- Mississauga, L5C 1V8

Phone: (905) 361 7382

- **COVID AND Regular Hours:**

Mondays and Tuesdays Closed; Wednesdays by appointments: 4:00 PM – 8:00 PM, Drop-In 5:30-7:30PM; Thursdays by appointments: 4:00 PM – 8:00 PM, Drop-In 5:30-7:30 PM; Fridays by appointments 12:00 PM – 4:00 PM, drop-in 1:30-3:30 PM [Get Directions](#) [Visit Website](#)

Sai Dham Food Bank

Multi-service (Food bank, Soup kitchen, Food delivery, Community garden)

- 7140 Goreway Dr
Mississauga, L4T 2J6
- 3663 Mavis Rd, Unit 6
Mississauga L5C 3G1

Phone: Call or text 437 988 4422

(905) 956 2646 647 291 3838

[Get Directions](#) [Visit Website](#)

- **COVID PRIORITY – Delivering food to seniors, assisting with YMCA Breakfast Program through deliveries.**

- **COVID and Regular hours** Open every day 10am-10pm; and available by phone 24/7

Mount Zion Apostolic Church

Food Bank

- 6810 Professional Crt
Mississauga, L4V 1X6

Phone: (905) 677 8389

- **COVID – No food programs provided** Opening hours Fri: 2pm-6pm [Get Directions](#) [Visit Website](#)

Grace Mt. Zion Apostolic Church

Food bank

- 5865 Coopers Ave
Mississauga, L4Z 1R9

Phone: (905) 501 8958

- **COVID – No food programs provided** Opening hours Fri: 6pm-8pm; last Sat of each month: 11am-1pm

[Get Directions](#) [Visit Website](#)

St. Mary's Food Bank – Coopers

Food Bank

- 5715 Coopers Ave
Mississauga, L4Z 0C5

Phone: (905) 890 0900

- **COVID HOURS – Tuesdays 6:00 PM – 8:00 PM Walk-ins accepted**

- Regular hours Tues 12-2pm, Wed 7-9pm, Thurs 7-9pm [Get Directions](#)

St. Mary's Food Bank – Dundas

Food Bank

- 1699 Dundas St E
Mississauga, L4X 1L5 **Phone: (905) 238 9008**
- COVID HOURS – Mondays 6:00 – 8:00 PM Walk-ins accepted
- Regular hours Mon 6-8pm; Tues 6-8pm; Wed 11:30am-2:00pm [Get Directions](#)

St. Mary's Food Bank – Streetsville [Food Bank](#)

- 6277 Mississauga Rd
Mississauga, L5N 1A7 **Phone: (905) 286 9987**
- COVID HOURS – Wednesdays 12:30 PM – 2:30 PM Walk-ins accepted
- Regular hours Monday 6:00pm- 8:00pm & Wednesday 1:00pm-3:00pm [Get Directions](#)

Peel Youth Village [Multi-service \(Breakfast, Food education \(communal cooking\)\)](#)

- 99 Acorn Place
Mississauga, L4Z 4E2 **Phone: (905) 791 5576**
- COVID – No food programs provided
- Regular hours Mon-Fri: 7:30am-8:30am [Get Directions](#) [Visit Website](#)

Ecosource [Multi-service \(Food bank, Food education \(communal cooking\), Food delivery\)](#)

- 5070 Fairwind Dr
Mississauga, L5R 2N4 **Phone: (905) 274 6222**
- Opening hours Wed: 2pm-4pm [Get Directions](#) [Visit Website](#)

Canadian Coptic Children's Program [Multi-service \(Soup kitchen, Food education \(communal cooking\)\)](#)

- 1245 Eglinton Ave W
Mississauga, L5V 2M4 **Phone: (905) 567 4032**
- [Get Directions](#) [Visit Website](#)

ICNA Relief Canada. Muslim Family Services [Multi-service \(Food bank, Food education \(communal cooking\)\)](#)

- 6120 Montevideo Rd
Mississauga, L5N 3W5 **Phone: (905) 858 1067**
- Opening hours Suspended operations until April 5 [Get Directions](#) [Visit Website](#)

Eden Food for Change-1 [Multi-service \(Food bank, Food education \(communal cooking\), Food delivery\)](#)

- 3051 Battleford Rd. – serving L5M, L5L, L5N
Mississauga, L5N 5Z9 **Phone: (905) 785 3651**
- COVID and Regular hours Mondays 10:00 AM – 1:00 PM; Thursdays 5:00 PM – 8:00 PM
During COVID, food will be pre-packed and brought out to car. Only 1 family member allowed in, regular proof of ID, address, income for all family members required. Food provided to a family every 30 days.
[Get Directions](#) [Visit Website](#)

Eden Food for Change-2

[Multi-service \(Food bank, Soup kitchen, Food education \(communal cooking\), Food delivery\)](#)

- 3185 Unity Dr
Mississauga, L4W 4L9 **Phone: (905) 785 3651**
- COVID and Regular hours Tues: 5pm-8pm, Wed: 1pm-4pm, Fri: 10am-1pm [Get Directions](#) [Visit Website](#)
During COVID, food will be pre-packed and brought out to car. Only 1 family member allowed in, regular proof of ID, address, income for all family members required. Food provided to a family every 30 days.

Salvation Army Mississauga Branch

[Food Bank](#)

- 3167 Cawthra Rd Serves L4V, L4W, L4X, L4Y, L4Z, L5A, L5B, L5E, L5G, L5P, L5R, L5S, L5T
Mississauga, L5A 2X4 **Phone: (905) 279 3941**
- **COVID HOURS - During COVID** – food is by appointment only – call for an appointment
- Opening hours Mon-Tue: 9:00 AM-12 PM and 1:00 PM-3:30 PM; Wed: 9 AM-12 PM and 1 PM-6:30 PM; Thurs: 1 PM-3:30 PM; Fri: 9 AM-12 PM [Get Directions](#) [Visit Website](#)

Salvation Army Cornerstone Community Church Food Bank

- 3020 Vanderbilt Rd Serves L5M, L5V, L5W, L5N
Mississauga, L5N 4W8 **Regular Hours Phone: (905) 824 0450**
- **COVID HOURS:** **COVID HOURS PHONE: 416 919 1607**
- **DURING COVID** – food is open by appointment only – call for an appointment
- Opening hours Tues and Thurs 9am-12pm and 1pm-3pm; Friday 6-8pm [Get Directions](#)

Salvation Army Erin Mills Branch Food Bank

- 2460 The Collegeway Serves L5C, L5H, L5J, L5K, L5L
Mississauga, L5L 1V3 **Regular Phone: (905) 820 6868**
- **COVID HOURS:** **COVID HOURS PHONE: 416 670 2151 x 891**
- **During COVID** - food is by appointment only – call for an appointment [Get Directions](#) [Visit Website](#)
- **COVID** and Regular hours Mon 9:30-11:40 AM & 1:30pm-3:30pm; Wed: 9:30-11:40 AM; Fri: 9-11:40 AM

The Mississauga Food Bank Food Bank and Emergency Hampers

- 3121 Universal Drive Serves all postal codes
Mississauga ON L4X 2E2 Phone: 905 270 5589 x 238 Email: info@themississaugafoodbank.org
- **Emergency Hampers Food Bank 2 Home COVID-19 can also be requested – leave a message with name, address, phone #, # of people in family. Emergency hampers are delivered Tuesdays and Fridays to those that are self-isolating due to medical concerns and are regularly a food bank client or currently experiencing financial constraint. Enough groceries, including fresh food, will be provided to last 7 days. In partnership with Good Neighbour Project.**
- **During COVID -Only emergency food bags (24 hrs of food) provided**
Regular Hours of Operation:
Monday 9:00am – 5:00pm
Tuesday 9:00am – 5:00pm
Wednesday 9:00am – 8:00pm
Thursday 9:00am – 5:00pm
Friday 9:00am – 1:00pm [Get Directions](#) [Visit Website](#)

The Compass Multi-service (Food bank, Soup kitchen)

- 310 Lakeshore Rd W Serves L5E, L5G, L5H, L5J
Mississauga, L5H 1G8 **Phone: (905) 274 9309**
- **COVID Hours Monday 12:00 PM – 8:00 PM, Wednesday 9:30 AM – 5:00 PM, Friday 9:30 AM – 5:00 PM**
- **During COVID** food will be packaged in a hamper style, respecting your food requests as much as possible. Food will be picked up at the door. Fill out online form or call.
- **You may qualify for home delivery if you meet criteria. Check out website or call for details.**
- Regular hours Mon 3-8pm; Wed 12-5pm; Fri 12-5pm [Get Directions](#) [Visit Website](#)

St. Mary Star of the Sea Community Meal Program (Soup Kitchen)

- 11 Peter St S
Mississauga, L5H 2G1 **Phone: (905) 278 2058**
- **COVID hours Suspended operations until April 12** [Get Directions](#) [Visit Website](#)

Saint Vincent De Paul Food Bank

- 625 Atwater Ave
Mississauga, L5G 2A8 **Phone: (905) 278 7762**
COVID – No food programs provided
- Regular hours Mon-Thurs: 9:30am-8:30pm ; Fri: 9:30am-4pm (closed: noon-1pm) [Get Directions](#) [Visit Website](#)

Food4Kids Mississauga School snack pilot program and weekend food delivered to schools on Fridays

- 305 Iroquois Avenue
Mississauga, ON L5G 1M8 **Phone: (647) 226 2927**
School Pilot Program – Brian Fleming P.S. for school snack program
- Participants aged 4 – 13 years are referred by (Mississauga) schools aware of students with limited access to food in their homes. The school submits a referral and parental permission form. Food items are packed by Food4Kids volunteers and delivered to schools each Friday morning.
- **COVID Program – mailing low-income students/families presently in their program grocery gift cards**
Visit Website: <https://www.food4kidsmiss.ca/about>

Caring and Sharing Program

Food delivery program in Mississauga with referrals only made by social workers in community agencies.

COVID – all services are suspended until further notice.

Ontario Khalsa Darbar

7080 Dixie Road, Mississauga, Ontario- L5S 1B7
Email: ontariokhalsadarbar7@gmail.com

Community Meal Program (soup kitchen)

Phone: 905-670-3311

Shiromani Sikh Sangat Dunwin Gurudwara

2377 Dunwin Dr, Mississauga, ON L5L 1T1

Community Meal Program (soup kitchen)

Phone: (905) 828-2710

Sri Guru Singh Sabha Malton, Canada

7280 Airport Rd, Mississauga, ON L4T 2H3

Community Meal Program (soup kitchen)

Phone: (905) 671-1662

COVID and Regular Hours: Open 24/7.

During COVID - Go to small window by main office. At night, window is lit by a floodlight. Food will be brought to table outside for pick up or to eat there. Open to anyone in need.

COVID SPECIFIC **GTA Outreach**

Food Delivery

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- Fill out online form: <http://www.gtaoutreach.ca/> or call 416 312 9738 or email: info@GTAoutreach.ca

COVID SPECIFIC **Fueling Healthy Minds Breakfast Program – Community Based**

- MPP for Mississauga-Malton, Deepak Anand and his wife Aruna Anand and their volunteers are ensuring that children in need of the Fueling Healthy Minds breakfast program still receive support. Although their focus is within Malton, they will consider other areas if volunteers are available. **Phone: 416 999 3152**

COVID SPECIFIC **Canadian Muslim Response Network** – currently handling many requests, be patient and understanding please. <https://covid19relief.ca/gethelp/>

1. You simply fill out the online form. A regional coordinator will get in contact with you about delivery timing.
2. Then you place an order of essential items at your favorite retailer who provides pick up service (i.e., Walmart, PC Express, Metro, Loblaws, etc.).
3. Pay for the order and provide the regional coordinator with a copy of your receipt.

4. We will pick up the order and deliver it within the timing window you have chosen (delivery pickup windows might vary from region to region)

COVID SPECIFIC Hand Up Toronto

- Family to complete the google form https://docs.google.com/forms/d/e/1FAIpQLSelqcMEBCpzpQXr_S9K2BmdGab_PFTnGHcZU0Ex00tKRNhQKQ/viewform and consent to being contacted for a food delivery.
- Families will be provided \$25.00 worth of food per child in the home.
- Will service Brampton and Mississauga families in need during COVID.

Mississauga Food Pantries:

Many local places of worship have small food pantries for their community, but have chosen not to list with the Region of Peel. You can always approach your local place of worship.

Malton Neighbourhood Services

[Food Pantry](#)

- 3540 Morning Star Dr
- Mississauga, L4T 1Y2 **Phone: (905) 677 6270**
COVID – No food programs provided
- Opening hours Mon-Thurs: 9am-8pm ; Fri: 9am-4:30pm [Get Directions](#) [Visit Website](#)

Martha's Table

[Food Pantry](#)

- 3535 Dixie Rd
Mississauga, L4Y 2B3 **Phone: (905) 624 9261**
- **Opening hours CLOSED Until further notice** [Get Directions](#) [Visit Website](#)

JFJ Hope Centre

[Food Pantry](#)

- 6655 Kitimat Rd
Mississauga, L5N 6J4 **Phone: (905) 812 9515**
- Opening hours Mon-Fri: 9am-4pm [Get Directions](#) [Visit Website](#)

Mississauga Seventh Day Adventist Church [Food Pantry](#)

- 2250 Credit Valley Rd
Mississauga, L5M 4L9 **Phone: (905) 608 0013**
- Opening hours Wed at 12pm-2pm [Get Directions](#) [Visit Website](#)

Deacon's Cupboard (St. Peter's Church Erindale) [Food Pantry](#)

- 3041 Mississauga Rd
Mississauga, L5L 0B7 **Phone: (905) 828 1588**
- Opening hours Wed: 9:00am-1:00pm; and the last Monday of each month from 5:30pm-7:30pm
- [Get Directions](#) [Visit Website](#)

St. Hilary's Food Cupboard

[Food Pantry](#)

- 2055 Hurontario St
Mississauga, L5A 2E6 **Phone: (905) 279 2304**

- Opening hours Thurs: 10am-12pm

[Get Directions](#)

[Visit Website](#)