

APPENDIX B - Documentation of Monitoring/Medical Examination

This form is provided to the parent/guardian, in conjunction with Tool to Identify a Suspected Concussion (APPENDIX A).

_____ (student/athlete name) _____ (date), sustained a blow to the head, face or neck or a blow to the body that transmits a force to the head, and as a result may have suffered a concussion.

Results of initial assessment using Tool to Identify a Suspected Concussion:

- NO SIGNS OR SYMPTOMS OBSERVED AT TIME OF INCIDENT.**
However, signs or symptoms can occur later within a 24 hour period. Your child is not to participate in physical activity for a 24 hour period. While at home parent/guardian is to monitor their child using the Tool to Identify a Suspected Concussion (APPENDIX A). School Staff will monitor the student/athlete while at school.

Actions: If no signs/symptoms occur during the monitoring period, parent/guardian is to complete the following Results of Monitoring section prior to the student returning to school.

Results of Monitoring

- As the parent/guardian, my child has been observed for the 24 hour period, and no signs/symptoms have been observed.

Parent/Guardian signature: _____ Date: _____

Comments:

- SIGNS OR SYMPTOMS OBSERVED:** _____ **AT TIME OF INCIDENT**
_____ **DURING THE 24 HOUR MONITORING PERIOD**

For the signs and/or symptoms observed at the time of incident/during the 24 hour monitoring period, refer to the Tool to Identify a Suspected Concussion (APPENDIX A) provided by teacher/coach/supervisor

Actions: Your child must be seen by a medical doctor or nurse practitioner as soon as possible with the Results of Medical Examination form (below) returned to the school principal after medical examination.

Results of Medical Examination

- My child has been examined and **no concussion** has been diagnosed and therefore may resume full participation in learning and physical activity with no restrictions.
- My child has been examined and **a concussion has been diagnosed** and therefore must begin a medically supervised, individualized and gradual Return to Learn/Return to Physical Activity Plan
- I have been advised of the school's concern but decline to have my child examined by a medical professional.

Parent/Guardian signature: _____

Date: _____