

International Day for the Elimination of Racial Discrimination

Activities for Peel Families

To commemorate the day with your children and family consider engaging in one of these activities:

Elementary Children:

1. Show the YouTube clip from Sesame Street, It's Not Easy Being Green: www.youtube.com/watch?v=hpilWMWWVco&feature=related.

Discuss with your child(ren) the following questions:

- a) Why would Kermit the Frog say, "it's not easy being green?"
- b) How do you think Kermit feels?
- c) Have you ever felt like you don't fit in because of who you are?
- d) What would you do to help make Kermit feel better?
- e) What can we, as a family, do to help make people who feel like Kermit feel better?
What can we do if we feel like Kermit?

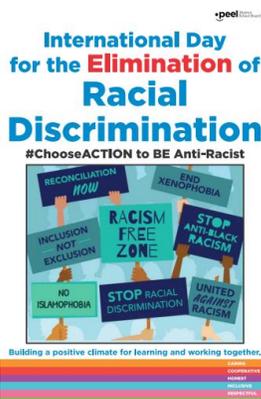
2. Together with your child read the book, The Colours of Us by author Karen Katz <https://www.scholastic.com/teachers/books/the-colors-of-us-by-karen-katz/> <https://www.youtube.com/watch?v=679Sw4IACAk&t=110s>

Discuss with your child(ren) the following questions:

- a) Why does Lena's mother take her to so many places to see the people in the story?
- b) Why does Lena say to her mother "Look Mom, the colors of us?"
- c) Lena has many different names to describe the shades of skin color she sees. Which name is your favorite?
- d) Ask your child(ren) how are they different and how are they the same from their classmates and friends?(e.g., appearance, beliefs, lifestyles, culture, etc.)
- e) Ask your children to share why being different is good?

Senior Public/Secondary Children:

1. As a family brainstorm slogans that you believe would encourage action against Racism. (perhaps use our Peel poster as an example)



Create a poster with words and/or images (either as a collage or electronically) that relate to the slogan.

Share your creation with others (friends or family) and have your child(ren) explain the key messages to them!
(share with us @PeelSchools @ClimatePeel if you wish!)