

40 HOURS—START NOW

U can make a difference in your community!

Do u know u need to complete 40 hours of volunteer work to graduate?

Yep

What counts as community involvement?

I'm gonna volunteer at an Animal Shelter this summer

Before you start grade 9?

Yep. Now we can start the summer before we enter grade 9

thumbs up Where should I volunteer?

@ a food bank or something—you can find out more in the Student Stuff section of www.peelschools.org

:) ur the best!

START NOW. LEARN HOW.

All students must complete 40 hours of community involvement to graduate with a diploma. You can start accumulating hours in the summer before grade 9. **Try to complete your 40 hours by the end of grade 10.**

Think of volunteering as an opportunity to learn more about yourself and possible career opportunities. Gain self-confidence and work experience that will help you get jobs in the future.

It's up to you

You are responsible for finding and completing the 40 hours. Your school will provide some support, but it's up to you to find the activity that best suits you. Ask your family for help!

Getting started

1. Find an activity that matches your interests—if you like sports, volunteer to coach a local kids' team.
2. Visit the Peel board website—www.peelschools.org, under *Student Stuff—Your Time Counts*, for specific information about 40 hour community service. Check to see which activities count toward your volunteer service.
3. Involve your parents—they have a responsibility to look into the potential placement and to know who will supervise you, and under what conditions.

Keeping track of your hours

After choosing a volunteer activity, you and your parents will complete an **Activity Record Form**. You can get one from Student Services at your school or www.peelschools.org under *Student Stuff—Your time Counts*.

You will need to:

- complete the first section of the form called *Notification of planned community involvement activities* and list the volunteer work you are planning to do
- photocopy your form in case you lose the original
- fill out the second section of the form called *Completion of community involvement activities*. This is your “work diary”—list the activities you've completed. And remember to include signatures from your supervisor, and make extra copies in case you lose the original.
- have your parent/guardian sign the form and hand it in at school so it can be recorded for completion once you've completed your 40 hours

Want to know more?

- Talk to your guidance counsellor
- Visit the “Student Stuff” section of www.peelschools.org or www.makingmyway.ca
- Contact Volunteer MBC, a centre that fosters and encourages volunteerism in Peel region—call 905-238-2622, email info@volunteermbc.org, visit www.volunteermbc.org

Find out:

- how to get started
- what activities count
- how to track your hours

Visit www.peelschools.org or www.makingmyway.ca.