

ROPSSAA CO-EDUCATIONAL ALPINE SKIING

PLAYING REGULATIONS

1. **DATE**

- (a) If possible, the ROPSSAA Alpine Ski Meets shall be held during the second and third weeks of February. The morning schedule will be as follows:

Registration:	8:30am – 9:00am
Coaches Meeting	9:00am
Course Inspection	9:45am
Race Starts	10:30am

Schools must have a representative present by 8:45am. School's absent will be fined \$25.00

2. **LOCATION**

- (a) The location of the meets will be decided by the convenor and approved by ROPSSAA Council.

3. **ELIGIBILITY**

- (a) All competitors must meet the eligibility requirements as per Article X of the ROPSSAA Constitution.
- (b) A competitor shall not have attained their 19th birthday by January 1st prior to the start of the school year in which the competition is held (January 1, 2009, born in 1990 or later).
- (c) All teams shall begin their alpine skiing competitive season no later than the week following the school Christmas break. A team's competitive season must include a minimum of eight practices which include two on-hill practices/races under the supervision of a teacher coach. Appeals of this minimum maybe made to the jury of appeal.
- (d) Levels of Competition
- Level I Team Racers: Participants are school-trained athletes only. They have no ski league affiliation, past or present, beyond the Nancy Greene Level or equivalent.
- Level II Team Racers: Participants are those skiers who have trained beyond the Nancy Greene Level or equivalent.
- (e) The eligibility list must be submitted by the deadline announced at the preseason meeting.

4. OPERATING STRUCTURE

- (a) The ROPSSAA Alpine Ski Championships will consist of two meets. There will be a Level One qualifying meet and a Level One and Level Two championship meet.
- (b) The order of competition will be randomly determined by the computer (bibo).
- (c) Skiers who miss their run have the opportunity of going at the end of the division (ie. level one girls).
- (d) In the event that the Peel and/or Dufferin Peel board cancel their buses on the qualifying day, all racers will advance to the ROPSSAA Championship day. If this happens, then level two will race only one slalom run and only one GS run. Level one will race 2 GS runs. In the event that the buses are cancelled on the day of the ROPSSAA Championship, then the event will be rescheduled.

5. ENTRIES

- (a) Teams shall be made up as follows:

Level One Qualifying Day

Boys – maximum 5 team members, 5 to race in an event, 3 to count

Girls – maximum 5 team members, 5 to race in an event, 3 to count

Level One Championship Day

Boys – maximum 5 team members, 5 to race in an event, 3 to count.

Girls – maximum 5 team members, 5 to race in an event, 3 to count.

Level Two Championship Day

Boys – maximum 5 team members, 5 to race in an event, 3 to count.

Girls – maximum 5 team members, 5 to race in an event, 3 to count.

- (b) Level One teams will qualify for the ROPSSAA Championship Meet as follows: the top two boys and girls combined teams and the top four boys and top four girls teams from the qualifying meet.
- (c) Level One individuals will qualify for the ROPSSAA Championship Meet if they place in one of the top 6 finish positions and were not a member of a qualifying team.
- (d) Entry forms and eligibility sheets must be in the hands of the Athletic Convenors on the day specified at the pre-season coaches meeting. Failure to comply may result in disqualification from the event.

- (e) The only changes that will be accepted are scratches and/or replacing of a competitor with an alternate. Seeding changes are not allowed. Adding new racers is not allowed.

6. EXPENSES

- (a) Tow tickets must be purchased by the participating schools.

7. RULES AND OFFICIALS

- (a) Ofsaa Rules will govern the Meet.
- (b) Each school must be supervised by a coach/staff member.
- (c) The Convenor will be responsible for the race day organization of all required officials. Each school must supply at least one official whose duty will be assigned by the convenor.
- (d) It will be the Convenor's responsibility to arrange for all required officials.
- (e) No competitor may shadow the course. Skiers may sideslip the course. Skiers may not link gates with skies pointed forward.
- (g) Gate inspection must be done as a team.
- (h) Skiers must go through the finish line with a helmet, bib, and two skis secured to their boots.
- (i) In the case there is an obstacle in the direct path of the racer, the racer should ski out of the course, report to the closest gate keeper then proceed to the finish hut without finishing the course.

8. AWARDS

- (a) The presentation of ROPSSAA Championship awards will occur at the conclusion of the meet. These awards will be based on combined Giant Slalom and Slalom results.
 - (i) Gold medallions to the first place finisher in Level One and Two.
 - (ii) Silver medallions to the second place finisher in Level One and Two.
 - (iii) Bronze medallions to the third place finisher in Level One and Two.
 - (iv) Ribbons to the fourth through sixth place finishers in Level One and Two.
 - (v) ROPSSAA trophies to the top boys, girls and combined teams in Level One and Two.

- (vi) Gold medallions to the members of the winning teams in Level One and Two. (maximum 5 per team)

9. UNIFORMS

- (a) All racers must be dressed in ski attire deemed appropriate by the ski club being used, the Convenor and members of the Jury of Appeal.
- (b) In both the ROPSSAA Giant Slalom and Slalom events, hard shell crash helmets (designed for Giant Slalom Alpine Ski Racing) which provide complete head protection (front and back) and full ear protection are mandatory for all Level 1 and Level 2 competitors.
- (c) Athletes may not change their clothing in the competition area. For all outdoor sports, athletes must arrive dressed to compete. Visiting teams requiring the use of washroom facilities must send a staff member into the school with the team member(s). For all indoor sports, athletes must move to the designated locker room or change area to change their clothing.
- (d) No competitor shall wear any type of personal listening device.
- (e) Competitors bibs must be visible (front and back) from marshalling check point to crossing the finish line.

10. SCORING

- (a) The best three finishers of a team's five racers are to count towards the team total.
- (b) The penalty point system will be used (i.e. the first place finisher will receive one point, the second place finisher will receive two points etc.) If there is a tie in finish position, the tie will be broken based on the total time for those individuals. If still tied, then revert to the first run time for each individual.
- (c) The lowest accumulated team scores will determine the winning team. If a team does not have three finishers they are ineligible for the team trophy.
- (d) A DNS will yield zero team points.
- (e) Level two team scores will be calculated by adding the best three individual places for that team in Slalom and the best three individual places in Giant Slalom (may or may not be the same three people). Level one team scores will be calculated by adding the best three individual places for that team in Giant Slalom. In the case of a team tie for the first place, the lowest total of those three individual times will be used.
- (f) In level two the combined team score will be the total of boys' and girls' Slalom and Giant Slalom team scores. Ties will be broken as in (b). In level one the combined team score will be the total of the boys' and girls' giant slalom team scores.

11. EQUIPMENT

- (a) The Convenor will be responsible for supplying or making available equipment necessary for running the Meet.

12. DEPORTMENT

- (a) Competitors and coaches are expected to behave in a sportsmanlike manner during the competition, as per Article XVI, Section II, of the ROPSSAA Constitution.
- (b) Any racer using foul language or acting in a manner unbecoming of a ROPSSAA athlete during the competition may be disqualified.

13. JURY OF APPEAL

- (a) The Jury of Appeal may only consider matters of policy regarding the operation of the activity concerned within the limits of the playing regulations.
- (b) The Jury of Appeal will rule on all disputes and protests submitted during the Meet. Any protest must be submitted within 24 hours of the meet. All protests must include a \$25.00 fee.
- (c) The Jury of Appeal constructed at the pre-season coaches meeting, will consist of the Meet Convenor and four coaches from participating schools.

14. MEDICAL PERSONNEL

- (a) Medical coverage will be supplied by on hill Ski Patrol.

15. QUALIFICATION TO OFSAA

- (a) Qualification to Ofsaa will be as per Ofsaa Playing Regulations as follows:
 - (i) Associations shall be allowed to enter one boys' team and one girls' team in each of the Level I and II races. Girls' and Boys' Teams shall be made up as follows: five(5) teams members:- five (5) to race - three (3) to count.
 - (ii) One female and one male racer may be selected to represent their Association to race as individuals in Levels I and II. The individual must attend a different high school than the team entry.
 - (iii) Racers must have competed at ROPSSAA to be eligible to compete in Ofsaa.
 - (iv) All coaches of Ofsaa bound racers must attend a short meeting immediately following the ROPSSAA awards presentation.