

# Help your child make a successful transition to middle school

*For parents of students in the junior grades*

## How to support your child...

- Be supportive!
- Do your homework...spend time with your child researching the new school
- Visit the school to help your child adapt to the new environment
- Enroll your child in community activities to prepare them for various social nuances

Do the math...**Home + School = SUCCESS**

## What students have to say...

### Top concerns of students:

- Getting to class on time
- Finding lockers
- Finding classes
- Getting on the right bus
- Peer pressure
- Harder work
- More homework
- Making friends
- Crowded hallways
- Following a timetable
- Being bullied

## Get a head start...READ!

Before you know it September will be here, and your child will be on the brink of a new journey... the middle school years. Take the time to gain a clearer understanding of your role, your child's role and the role the school plays.

There are many great books available to enhance your knowledge on the topic of 'student transitions'. Regardless of where you are on the continuum of parenthood, take a moment to peruse the book list I have prepared to aid in your confident step forward into the unknown territory of the middle school years.

## 5 great books to help prepare you for the next three years!

**A Parents' Guide To The Middle School Years** -Joe Bruzzese, MA

**Talking to Tweens:** Getting it Right Before it Gets Rocky With Your 8-12 Year-Old  
-Elizabeth Hartley-Brewer

**Cliques:** Eight Steps to Helping Your Child Survive The Social Jungle  
-Charlene C. Giametti & Margaret Sagarese

**Girl Wars:** 12 Strategies that Will End Female Bullying -Cheryl Dellasega & Charisse Nixon

**The Organized Student:**  
-Donna Goldberg & Jennifer Zwiebel

## Suppose...The transition process was seamless for your child...

What would your role be?

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What would your child's role be?

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What would the school's role be?

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## Resources Used:

www.greatschools.org www.mentalhelp.net  
www.ericdigests.com www.Amazon.com  
Solving School Problems  
Nancy McConkey

*Tip sheet prepared by Samantha J. Williams,  
Workshop presented by Samantha J. Williams  
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