Volunteering at Cawthra Gardens long term care is a rewarding way to earn community service hours and give back to the community. The various programs volunteers can assist with include:

- Bingo night
- Baking/Cooking
- Music Entertainment
- Art & History Classes
- Exercise Classes
- Mentorship program
- Men's/Women's club
- 1:1 Social & Spiritual Support
- Book Clubs
- Special events