Name of community agency/organization:

Cooksville Care Centre

Description of community agency/organization:

Cooksville Care Centre is a Long-term Care Facility. It is home to 157 long term care residents and maintains a cozy, home-like environment in the Heart of Mississauga. The Home also has a separate 35-bed Restore Unit which supports short-term stays until residents are strong and independent enough to return to their homes. The residents of Cooksville are ethnically and culturally diverse. Our residents and staff come from various backgrounds and speak many different languages.

Position title:

Programs Volunteer

What will the student do:

The student will work alongside Program staff to assist with various types of programming including:

- Friendly Visiting
- Pet Therapy
- Cultural Programs
- Recreation Programs
  - Creative Arts
  - Baking
  - Music
  - Bingo
  - Physical Activities
  - Zumba
- Special Events

If you have a special skill, we can find an opportunity for you! Students who speak more than one language are especially encouraged to volunteer!

Tasks will include assisting with set up and clean up of activities, assisting with and/or leading activities, bringing residents to and from the activity rooms during programs and events, socializing and conversing with residents and completing activities with residents one-to-one. Depending on the comfort level of the student, tasks may also include assisting with meal time, and accompanying staff and residents during outings.

Programs Volunteers are an important part of the Cooksville team by encouraging socialization, active aging and wellbeing of residents through meaningful programming.
Skills required:

- Good communications skills
- Able to complete tasks independently and within a team
- Mature and able to use good judgement

Skills student will learn:

- Improved communication and interpersonal skills
- Experience of working with older adults
- Planning and prioritization
- Empathy
- Problem solving and decision making
- Leadership
- Time management and prioritization

Length of time required:

Minimum commitment of 60 hours.

What is the registration deadline for volunteer positions? (If the volunteer position is a year-round opportunity, organizations will need to resubmit every September)

Year-round

Location:

55 Queensway West, Mississauga, Ontario L5B 1B5

How students can get involved/How to apply:

Email Volunteer Coordinator at natasha.bhasin@cooksvillecarecentre.ca

Contact person:

Natasha Bhasin, Volunteer Coordinator

The Peel board has reviewed this volunteer posting to make sure it meets the criteria for the community involvement requirement. However, this posting is provided as a service to students, it is not intended to be an endorsement by the Peel District School Board of any specific organization or program.